

## For more information

For more information about the research study please call 401-667-6582. Please leave us a message with your name, phone number and the best time of day to reach you and you will receive a call-back.

If you are a healthcare provider that believes your patient may benefit from participating in this research study, with their approval, you can refer them to the Mi Gente Program by sending an email with your patient's name, date of birth, medical insurance information and reason for referral.

Please add "PHI A New Clinical Model" to your email subject line. You may also reach us directly via Epic Secure Chat.

You will receive a call-back from our research staff to discuss if this is the right study for your patient.

## Contact Us

**Phone**

401-667-6582

**Email**

[migente@lifespan.org](mailto:migente@lifespan.org)



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A New Clinical Model  
for the Engagement  
of Latinx Youth and  
Families



Mi Gente  
Program



# Meet Our Team

Our trained bilingual (Spanish and English) staff has a personal understanding of the Latinx/Hispanic culture and is uniquely qualified to integrate mental health services that are tailored to this community.



## **Yovanska Duarte-Velez, PhD**

Principal Investigator / Mi Gente Program Director

## **Gisela Jimenez-Colon, PhD**

Co-Investigator / Clinical Psychologist

## **Michelle Aiello, PhD**

Intern Post Doctoral Fellow / Clinician

## **Community Health Worker**

Nicole Espinal, BA

## **Sr. Research Assistants**

Lucas Nocera, BA.  
Irene Sanchez, BA

## **Research Assistant**

Andrea Torres, BA

**The Mi Gente Program** at LPG Child and Family Psychology meets the emotional and mental health needs of Latine (a term used to include all genders) and Hispanic youth with mood disorders and trauma. Mi Gente, "My People," approaches its work with compassion and consideration to the culture, lifestyles, and traditions of its patients and their families.

## **A New Clinical Model for the Engagement of Latinx Youth and Families**

This research study utilizes Socio-Cognitive Behavioral Therapy (SCBT), a treatment that has been adapted for Latine youth and their families. In a previous study, SCBT was found to be more beneficial in reducing depressive symptoms and preventing youth to reattempt suicide compared to the typical treatment.

## **What is the purpose of the research?**

We are asking families to take part in a research project in order to find out which of two different types of care may help Latine youth overcome problems that made them feel suicidal or attempt suicide. In this study every teen will receive SCBT, while half will be randomly assigned (like flipping a coin) to receive additional support from a community health worker (CHW).

## **Who does this program serve?**

Our program is designed for Latine/Hispanic youth, ages 12 to 18, who have experienced an emotional crisis that included thoughts about wanting to die or a suicide attempt.

## **What will I have to do?**

Teens and caregivers will complete an initial evaluation and follow-up evaluations at 3, 6, and 9 months to track progress.

Evaluations will consist of questionnaires and short interviews. For completing the evaluations, families will be financially compensated for their time.

All research information will be kept  
**CONFIDENTIAL.**