

Ozempic

What is Ozempic?

- Ozempic is a once weekly, injectable type 2 diabetes medication
- Along with diet and exercise, it can help lower blood glucose levels

How does it work?

- Ozempic comes in an easy to use pen that's activated with a button
- Helps control blood sugar levels that rise after eating
- It is used once a week, and controls blood sugar levels 24/7

Storage:

- Your Ozempic pen should be stored in the refrigerator before use
- After use, Ozempic can be stored in the refrigerator OR at room temperature for 56 days

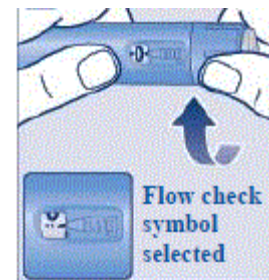
Disposal

- After use, the Ozempic pen should be disposed of in a puncture resistant sharps container
- If you do not have a sharps container, try using a puncture resistant container such as an empty laundry detergent bottle, or coffee can. Refer to local regulations for how to dispose of the container properly.

How to use your Ozempic pen:

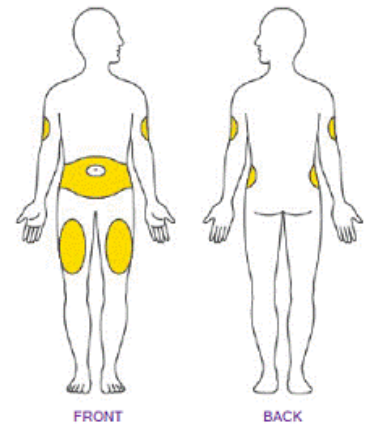
Ensure you have correct pen (0.25 mg/0.5 mg, or 1 mg)

- A. Pull off pen cap
- B. Place new needle onto pen and turn until tight
- C. Pull off the outer needle cap, then the inner needle cap
- D. Turn the dose selector until the dose counter shows the flow check symbol. Then hold pen upright, pushing dose button until the dose pointer shows 0 AND liquid can be seen coming out (with first use only, skip to step E if not first use)
- E. Turn dose counter until correct dose is seen
- F. Inject needle, then hold down button until 0 can be seen on dose counter
- G. Count for 6 slow seconds after 0 is seen on dose counter
- H. Remove needle from your skin
- I. Carefully remove needle from pen and place in sharps container
- J. Place pen cap back on pen



Injection sites:

- Ozempic is injected under the skin of your abdomen, thigh, or upper arm. Do not inject into a muscle or vein.
- Change your injection site with each injection. Do not use the same site for each injection. If you choose to inject in the same area, always use a different spot in that area.
- If you miss a dose of Ozempic, take the missed dose as soon as possible within 5 days after the missed dose. If more than 5 days have passed, skip the missed dose and take your next dose on the regularly scheduled day.



What if I can't afford my Ozempic pen?

1. *Savings card*
 - Website: <https://www.novocare.com/ozempic/savings-card.html>
 - Note: cannot use if Medicare, Medicaid, federal employee
 - Phone number: 1-877-304-6852
2. *Medicare extra help*
 - Website: <https://www.ssa.gov/benefits/medicare/prescriptionhelp/>
 - Phone number: 1-800-MEDICARE (1-800-633-4227; TTY 1-877-486-2048)
3. *Federal patient assistance via drug company*
 - Website: <https://www.novocare.com/hcp/more-resources/PAP.html>
 - Phone number: 1-866-310-7549
 - Note: to qualify will need to meet income requirements, out of pocket expenses
4. *State patient assistance*
 - Website: <https://www.medicare.gov/pharmaceutical-assistance-program/state-programs.aspx>
 - Phone number: 401-462-3000 or 401-462-0740
5. *Discount drug programs:* GoodRx, LowestMeds, NeedyRx, America's Drug card, etc.
 - Please talk with your office pharmacist for more information

When should I call my doctor?

1. I get a lump or swelling in my neck
2. I have hoarseness, trouble swallowing, or shortness of breath
3. I have pain in my stomach area that is severe and will not go away
4. I experience itching, rash, or difficulty breathing after using Ozempic