

# Asthma Camp 2024

## Community Asthma Programs of Hasbro Children's Hospital

Living with asthma can be a challenging and lonely experience for a child. Asthma Camp increases children's independence by taking away the mysteries of asthma and showing them that they can be in control. Together, campers learn how to take an active role in managing their asthma.

Your child will learn:

- ◆ what happens in the lungs during an asthma attack?
- ◆ why it is important to take asthma medications every day.
- ◆ to identify asthma warning signs
- ◆ what asthma triggers are and how to avoid them?
- ◆ how to prevent asthma attacks and better manage their asthma.
- ◆ that they can do anything when asthma is well-controlled!

Campers will learn about asthma and asthma management, while having fun and enjoying a wide range of typical camp experiences.

Campers, ages 9 to 13, will be selected from the applications received.

Priority selection is given to children:

- with severe asthma
- who have not previously been to Asthma Camp
- who have participated in an educational workshop sponsored by the Community Asthma Programs.

**Camper selection will be made after May 10<sup>th</sup>.** All families will be contacted after Mid-May. If your child is not selected, they may be placed on a waiting list.

### Camp Location and Transportation

Asthma Camp 2024 is a day camp located at Aldersgate Camp in North Scituate, Rhode Island. Asthma Camp will take place July 15<sup>th</sup> through July 18<sup>th</sup>. Transportation will be provided daily from Hasbro Children's Hospital to Asthma Camp.

### Staffing

Counselors are carefully selected and trained to ensure that children enjoy camp and educational activities. Campers receive excellent medical support. Asthma Camp is staffed by on-call physicians, and onsite nurses and/or respiratory therapists.

### Medications

Children's medications are very closely monitored according to the instructions of each child's doctor. Each camper must bring their own medications to camp.

1. **For additional information please visit our website:**  
<https://www.lifespan.org/centers-services/community-asthma-programs/asthma-camp>
2. **To apply:** You must complete the 5 page-long application. All fields must be completed. Submit the application by mail or fax to:

**Asthma Camp 2024**  
**Community Asthma Programs**  
**Of Hasbro Children's Hospital**  
**593 Eddy Street, Annex Bldg. 3<sup>rd</sup> Fl**  
**Providence, Rhode Island 02903**  
**Fax: (401) 444-8501**

### How much does it cost?

All camp costs are covered for each camper. Accepted campers will receive a campership. Camperships have been made possible through the generosity of various community organizations.

### Camp Donations:

Efforts to obtain camp funding are continued throughout the year. Donations to the camp fund are always gratefully accepted. To contribute, please contact us:

**The Community Asthma Programs**  
**Asthma Camp Fund**  
**593 Eddy Street, Annex Bldg 3<sup>rd</sup> Fl**  
**Providence, Rhode Island 02903**  
**(401)-444-2955**

Community Asthma Programs Director:  
Daphne Koinis-Mitchell, PhD

Camp Co-Directors:  
Barbara Jandasek, PhD  
Miosotis Alsina

**Activities:**

Swimming

Archery

Canoeing

Arts & Crafts

Games

Asthma Education

**For additional information  
contact:**

Miosotis Alsina

Co-Director of Asthma Camp,  
Program Coordination of  
Community Asthma Programs  
of Hasbro Children's Hospital

(401)-444-2955  
malsina@lifespan.org

**Asthma Camp  
2024**

**DON'T WAIT!  
ENROLL TODAY!**

**APPLICATIONS  
MUST BE RECEIVED  
BY  
MAY 9, 2024**

**Community Asthma Programs  
of Hasbro Children's Hospital**

**Asthma Camp  
2024**

**July 15-18, 2024**

**Asthma Camp is  
an initiative of the  
Community Asthma Programs  
of Hasbro Children's Hospital**

**Application Deadline  
May 9, 2024**

*Please make additional copies if needed.*